



## Post-Operative Instructions for the Oral Sedation Patient – CARETAKER/DRIVER

- The patient may sleep but must be watched for **at least 12 hours** after treatment.
- You must keep the patient's neck supported by either a rolled-up towel or small pillow at the base of the head, allowing the patient to rest with the chin elevated. Otherwise, the patient might compromise his or her airway and ability to breathe.
- Please escort the patient from the vehicle to the house by supporting him or her under the arm.
- Do not let the patient go up or down any stairs unescorted.
- Do not allow the patient to drive for the remainder of the day.
- Limit any physical activity for the remainder of the day.
- Give the patient medications if directed by the dentist.
- Being cold is normal. Use blankets for the patient as needed.
- Leave the post-operative instructions and any post-operative medications out for the patient to find easily.
- If the patient experiences any complication or if you have any questions or concerns, please call our office at **(520) 825-8112**.

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### RELEASE

I am escorting \_\_\_\_\_ home. I understand the patient has been sedated. I have received a copy of the post-operative instructions for the sedated patient. I agree to follow the instructions. I have had an opportunity to ask any questions I may have.

Print Escort name \_\_\_\_\_

Escort Signature \_\_\_\_\_ Date \_\_\_\_\_

Print Witness (Doctor/Assistant) \_\_\_\_\_

Witness Signature \_\_\_\_\_ Date \_\_\_\_\_